

## SOLUTION TO ENVIRONMENTAL DEGRADATION IN GURU NANAK BANI

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### Abstract

Environment Degradation is the decaying of the environment due to decrease of the quality of the natural environment through depletion of resources which includes all the biotic and abiotic elements. It is because of man's exploitation of nature, destruction of forests, over use of land for habitation and also creating problem for human species and the survival of animal and plant species. The earth today is facing with problems and world cities have become smoky and its forests are be decreasing. Human beings are exploiting human beings and there are economic wars over resources and markets. At present, environmental problems in India have arisen to an alarming extent. Some examples of environmental problems, which have arisen due to a number of factors are growing human and animal population, which have made increasing demands on natural resources resulting in the exploitation of resources in unsustainable manner. In reality, human being is the most dangerous enemy of environmental equilibrium. So, there is need to study the religious scriptures of different religions with a view to know how man should conduct himself on earth, which is possible to find is only by turning to basic question of the purpose of human being on this universe and an understanding of our relation with the cosmos. The solution to Environmental Degradation in Guru Nanak Dev's *Bani* presents a comprehensive analysis of interaction between man and nature. According to Guru Nanak Dev, the environmental degradation arise due to over indulgence and greed of man. In Sikhism, God is truth and therefore, truth is highest, but higher still is truthful living. The truthful life means harmonious living with moderate desires. For solving the problem of environmental degradation, the important requirement of the present times is to reexamine our relation with the man-human natural world and our place in the universe. This research paper has studied solution to environmental degradation with special references to Guru Nanak Bani, which analyzed as well as offer solutions to maintain environmental equilibrium by changing attitude towards life. The understanding of solution to Environmental Degradation in Guru Nanak Bani helps to change our attitude and provide guidelines to adopt the teaching of Guru Sahib in practical life.

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God is invisible but He can be visible through nature. (Guru Granth Sahib, p. 1042)

He states: All is your '*qudret*' and you are its Absolute Creator.'

Guru Nanak has defined nature as divine manifestation of God. The hymns of Guru Nanak has given divine attributes to nature and his *bani* deals with natural phenomena, animals and birds, seasons and flora and fauna. Elaborating the concept of Nature, Guru Nanak says: